

A publication of Royal Legacy Christian Academy

# SACE

SOCIAL AND CULTURAL ENGAGEMENT

INTRODUCING  
OUR  
PILOT  
ISSUE



MAYOR  
HART  
TALKS FAITH,  
FAMILY &  
ICE CREAM!

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# Let's Go Shopping

While holiday shopping, look no further than right here in the Cedar Valley for the perfect gifts!  
 Check out great items from this quarter's two featured businesses:

## Ivy Trellis

209 E. 4th Street, Cedar Falls  
 Store Hours: Tues. - Sat. 10 AM - 5 PM  
 Phone: 319-232-5668

## TJ's Christian Book Store

1806 Waterloo Rd, Cedar Falls, IA 50613  
 Store Hours: Tues. - Fri. 10AM - 5PM; Saturdays 10AM - 3PM  
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Mini decorative tins (\$4.99 each) found at Ivy Trellis make any space feel warm, fun and festive!



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Holy family lighted lantern water globe with silver glitter that lights up with battery. A beautiful gift that will become a cherished part of your Christmas decorating. (\$69.49)



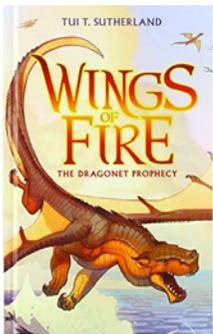
It's back at TJ's Christian Bookstore! The Willow Tree nativity six-piece starter: Mary, Joseph, Baby Jesus, 2 lambs, donkey and Shepherd girl with sheep. A lovely gift for families that can grow each year, piece by piece. A great way to start a family heirloom!

# FROM THE BOOKSHELF

## Wings of Fire: Book One The Dragonet Prophecy

Author: Tui T. Sutherland

Lillian Martin | 6th grade



The Dragonet Prophecy is a fantasy novel about dragons. Five dragonets; Clay, Tsunami, Glory, Starlight and Sunny are foretold in a very meaningful prophecy that determines the fate of many innocent dragons. But being trapped under a mountain with their guardians, they feel more and more determined to fulfill the prophecy, and break free from their confines. The book is a story about finding their true

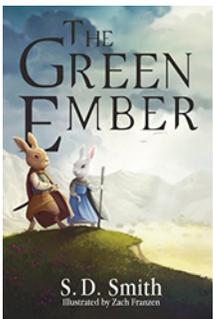
identity, overcoming betrayal, pushing past limitations and uncovering the mystery behind the prophecy.

I found the book very interesting. It draws you into the story with the intriguing prophecy. I could feel what the characters were feeling. The author makes the characters' personalities come to life. You can see what the author is describing clearly and it feels wonderful! One thing I disliked about the book was...well...I can't think of a single thing I didn't like about the book! If you like action, adventure and fantasy, this is the book for you. But, if you are someone that likes calmer, and relaxing books you should choose something else.

## Green Ember

Author: S.D. Smith

HARLAN HELMER | 3RD GRADE



This book is about a brother and sister whose family is suddenly abducted by wolves. This begins an epic quest to find their parents and discover why they were taken.

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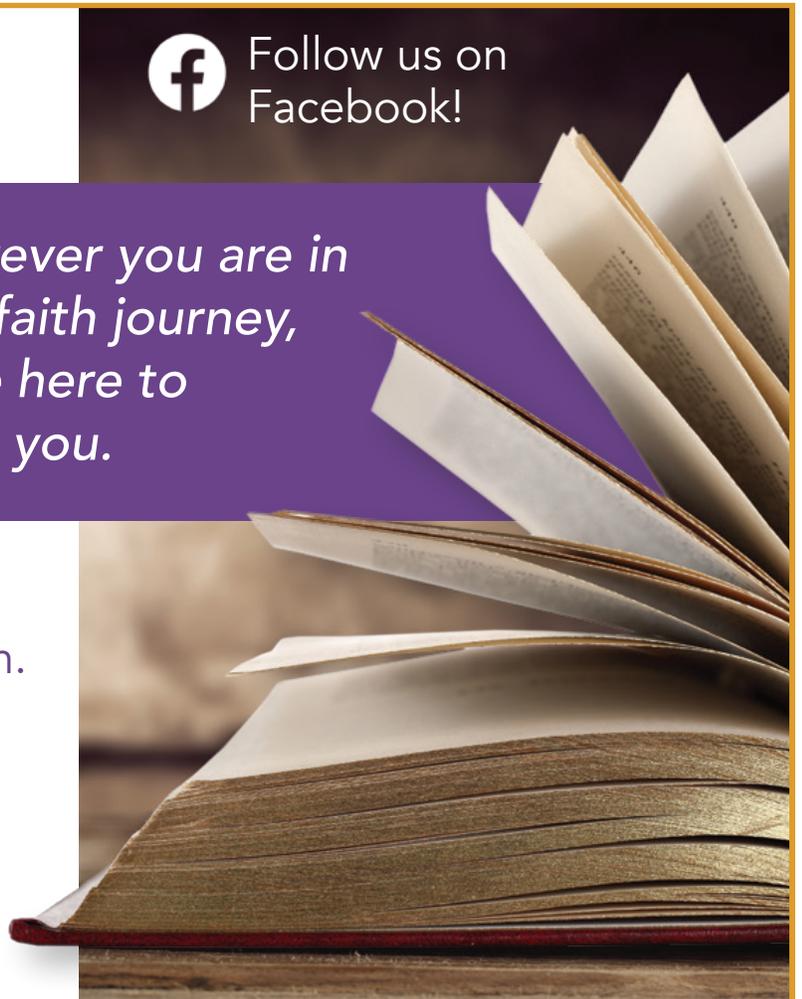
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# MAYOR HART

**ON FAITH, FAMILY...AND ICE CREAM!**

**CONTRIBUTING JOURNALISTS:**

LILLIAN MARTIN, 6TH GRADE  
HARLAN HELMER, 3RD GRADE

RICARLESS SHEPARD, 5TH GRADE  
IAN DENNING, 5TH GRADE  
VIOLET MARTIN, 4TH GRADE

CALEB HERNANDEZ, 3RD GRADE  
SEAN GALLOWAY, 5TH GRADE  
THOMAS HELMER, 4TH GRADE

**O**n a brisk autumn morning, the SACE kids from Royal Legacy Christian Academy bustled into City hall, notebooks in hand, to talk to the Mayor. It was quite a sight to see 9 students ranging from 3rd to 6th grade file in and sit down at the long meeting table, after some confusion on who would sit where. I politely asked one student who plopped down right at the head of the table to hop up, and allow Mayor Hart to sit there. "Oh no!" Mayor Hart replied with a chuckle. "I never sit there. That's usually where Jesus sits...but I'm sure he wouldn't mind if you sat there today." We all laughed, and that set the tone for the children's first interview for SACE magazine's pilot edition.

*Here's how it went:*

**THOMAS:** How does your faith help you as Mayor?

**MAYOR HART:** Well, I was on city council for 8 years, been Mayor for 6 years 10 months, 10 days and about 9 hours (he chuckles with a half smile). But everything is connected to my faith. Before I ran for this office I sat down with my wife and we prayed about it, I also prayed about it with my pastor. I wanted to try and bring some hope and optimism to

the community. There's a story in the Bible that talks about Nehemiah. He was second in favor to the King and he found out that his hometown was in ruins and that the wall was broken. He found out that there were a lot of things wrong with his hometown and it made him really sad. That story in the Bible is one I can relate to. I would often hear about negative things about my hometown of Waterloo. It was important to me to bring a positive light to it. I also wanted to make things better, and bring people together to make lasting change.

**THOMAS:** What's your favorite Bible Verse?  
**MAYOR HART:** Well, I didn't know that was going to be the follow up question! The story of Nehemiah is my favorite story.

**CALEB:** What are your top three favorite things about Waterloo?

**MAYOR HART:** That's a good question! Hmm...I'd say the people, our potential and our progress. We've made a lot of progress as a city. I don't know if anyone has noticed the bridges being worked on, and the lights on the 4th street bridge? But those are just a couple of things that you can see around town that shows the progress being made to make

Waterloo a place we can continue to all be proud of. There are a number of really positive things happening that involve lots of people coming together and working together.

**IAN:** What are some things you like to do with your family over the holidays?

**MAYOR HART:** Honestly, I just like to spend time with my family. We are all really busy throughout the year, so the Holidays are a great time for us to slow down and be together. We love eating good food together also.

**RICARLESS:** Why don't you have any pets?

**MAYOR HART:** Wait a minute...how do you know I don't have any pets?! (Children all laugh...) You all have been spying on me, or doing some good research!...Honestly, my daughter has been asking me for a puppy lately. But, I don't have any pets because growing up I had some bad experiences with a dog that my parents owned that I thought was pretty mean. Also, pets require a lot of time and energy. If you commit to having a pet, you have to really make sure you have the time to take good care of it.

**VIOLET:** What's the hardest part about being the Mayor?

**MAYOR HART:** Well, the thing about it...there are so many important things that need to be done in the City. All of them are important, and all of them cost money. We only have a certain amount of money to do these important things. So, we have to decide what important thing is going to get the money now and what needs to wait a bit longer. I'd say that's one of the hardest things about being Mayor.

**VIOLET:** How do you relieve stress?

**MAYOR HART:** The best way for me to relieve stress is to talk to close friends in my life. I also like to pray and allow the people in my circle to pray with me as well. I like to golf, so hitting balls and getting exercise is another good thing.

**RICARLESS:** What are some of your hobbies?

**MAYOR HART:** Well, I like to golf a little bit. I also enjoy cooking. Spending time with family, we like to watch sports as well.

**RICARLESS:** So you said that your hobby is cooking? Have you ever burned anything?

**MAYOR HART:** All the time! Have you ever had a family member prepare something for you that wasn't all the way done? Well I have a problem with "not done food," so sometimes I end up over cooking things, right? So now I have a thermometer, a temperature gauge that tells me what the temperature is on the inside...but then I'm like, "well, it's the right temperature on the inside...but it's not golden crispy on the outside, right?" So then I end up leaving it to cook and burning it anyway.

*"Before I ran for this office I sat down with my wife and we prayed about it, I also prayed about it with my pastor. I wanted to try and bring hope and optimism to the community."*

-MAYOR HART



Photo Credit: Jonathan Jones Photography

**LILLIAN:** What's the best thing about being Mayor?

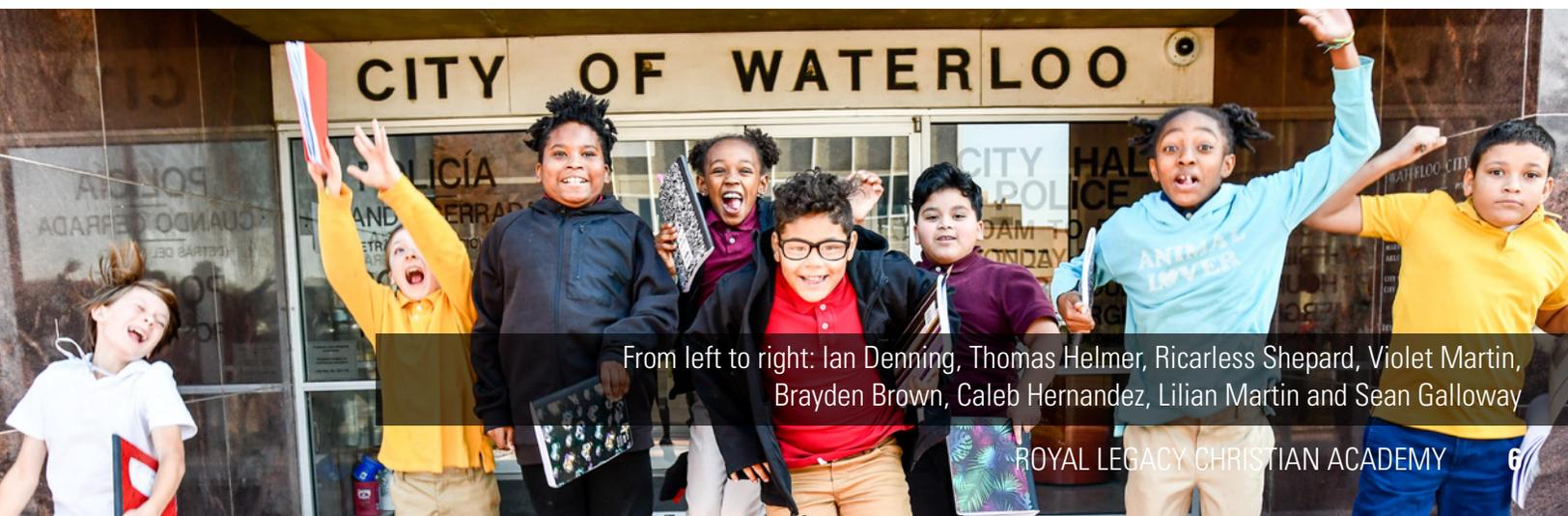
**MAYOR HART:** Honestly, meeting with and working with really great people. I also love bringing positive energy to my city that I grew up in and giving back. I love being a part of the progress that's happening in our city. I also love being able to talk to awesome people like all of you guys! These moments are things I really look forward to.

**SEAN:** What's your favorite ice cream?

**MAYOR HART:** I have to be very careful about how I answer this question...there are so many that I like. (Kids begin blurting out their favorites: Violet, "Orange sherbet?" MH: "yeah, that's a really good one." student: "I like the birthday cake kind at 2 Scoops," MH: that's a really good one too!) It's really hard to choose just one! I like the butter

**SEAN:** Well, what's the ice cream that you hate the most?

**MAYOR HART:** You know...I don't think I have ever had any ice cream that I didn't like! Well, actually, now that I think about it, we did have this one kind...Soy vanilla? Yeah, I did not like that at all! †



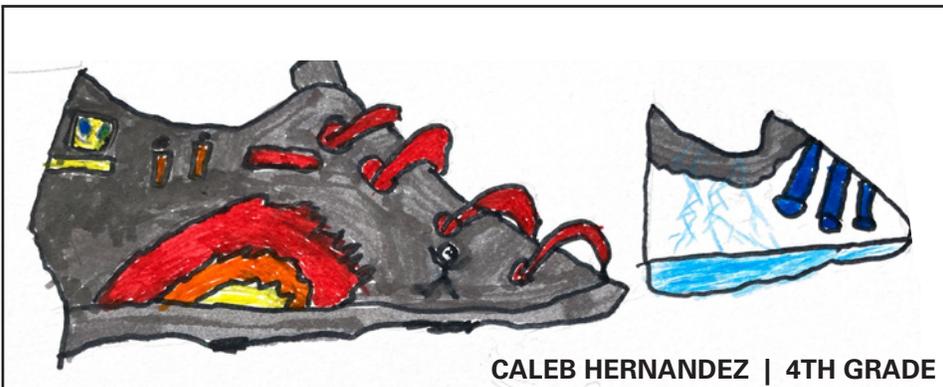
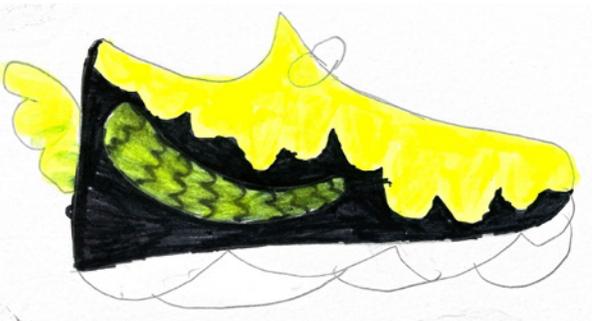
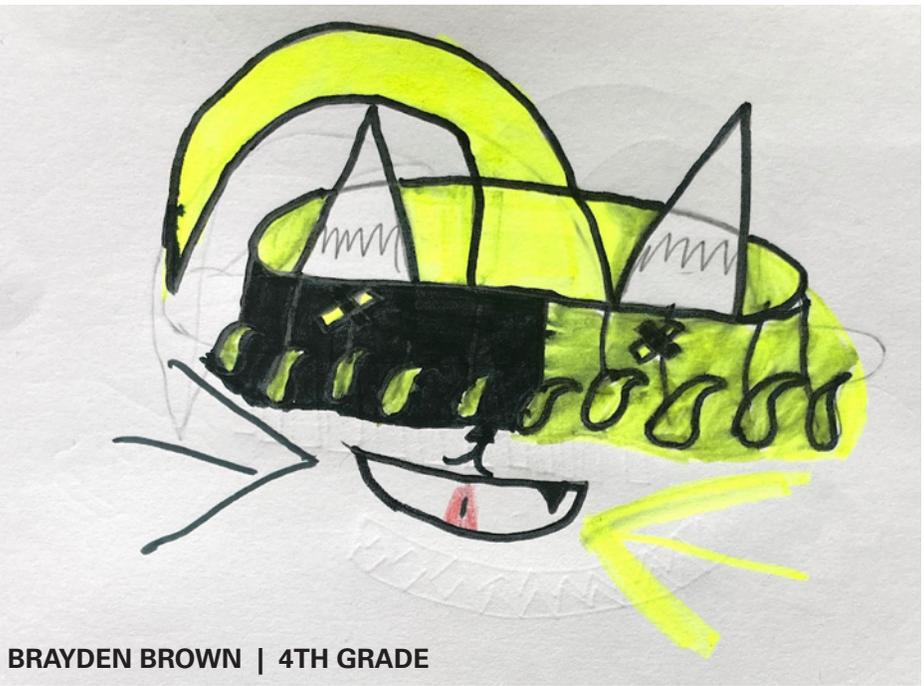
From left to right: Ian Denning, Thomas Helmer, Ricarless Shepard, Violet Martin, Brayden Brown, Caleb Hernandez, Lilian Martin and Sean Galloway

# ROYAL LEGACY ART STUDIO

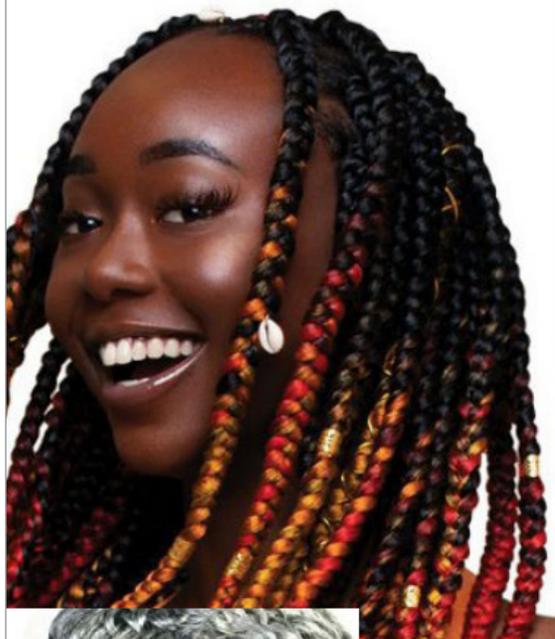
This year at Royal Legacy, we have several students with a great love for art. We are grateful for the artistic outlets we have, thanks to one of our church partnerships at Orchard Hill Church. We want to celebrate three of our artists by sharing their artistic masterpieces with you. Enjoy!



BRAYDEN BROWN  
4TH GRADE



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# TRY PIE

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EASTYN FROST, 4TH GRADE // LILLIAN MARTIN | 6TH GRADE  
VIOLET MARTIN, 4TH GRADE // HARLAN HELMER, 3RD GRADE

**EASTYN:** Why did you decide to make and sell pies?

**MEGAN:** When we started Try Pie we had a group of teenage girls that were thinking about starting their own business. So we did a lot of thinking and brainstorming about what business they wanted to add to our community. They went and visited some other businesses that were run by women. And through that they stumbled upon the idea of pie and realized there weren't any pie restaurants that made pie from scratch. So that's how it started with pie.

**EASTYN:** How did you decide to name your business Try Pie

**SARAH:** Well that kind of in the same conversation about why we wanted to make pie. It was really the (girls) that kinda landed on that. Laura one of our other friends that was part of the start up of Try Pie one day, was just throwing out ideas and said, "Why don't we 'try pie'?" And the girls really liked the way that sounded.

**LILLIAN:** When was Try Pie established

**MEGAN:** December 2013 gathered and brainstormed, January 2013 started making pies December 2018 we moved in this storefront.

**LILLIAN:** What do you like about making pies

**AALIYAH:** I like that we have so many other girls from so many different schools working together. So like, I go to East High but there's 5 different schools that work here. It's my 3rd year working here.

**EASTYN:** How old do you have to be to work here?

**SARAH:** 14. You need to be a sophomore in high school. They also spend their junior and senior year with us.

**AALIYAH:** I learned about it through my aunt.

**PASTOR CHASSIDI:** Can you tell us a little bit more about what else you do?

**AALIYAH:** There are three committees we all chip in. I'm on the marketing committee, so I get to make social media posts, talk to kids like you guys. And we also learn valuable life skills like, how to manage and save money.

**PASTOR CHASSIDI:** The crust is a big deal! Talk about that.

**MEGAN:** The first time we tried to make crust, we brought in some friends from the church and they taught us how to make crust by hand. It was really, really hard and it didn't go super well. So our first time was kind of a failure but, we learned a lot from it. Then we went on a field trip to Des Moines to another

business that teenagers worked at and before we were gonna go, they called and canceled. So last minute I did some research and found a lady in Des Moines who did cooking classes. One of the classes she taught was on how to make pie. So we called her up and asked if she would show us that process. She had lots of experience in making really good pie and mass producing them because she had a catering business. So she showed us how to do that and gave us her recipe for pie. She taught us how to use the food processor and do it really efficiently so that all of our crusts came out the same way each time. That really changed the future of Try Pie cause I don't know if we'd be able to still do it if we didn't get that knowledge.

*"I like that we have so many other girls from so many different schools working together. I go to East but there's 5 different schools that work here."*

-AALIYAH

**PASTOR CHASSIDI:** Talk about working from a diverse group of people

**AALIYAH:** Growing up I wasn't really around a diverse group of people because I went to a predominately white school so I didn't really get a chance to be around other kinds of people; especially staying in Waterloo and not going that far [away]. Moving to Cedar Falls it was like a whole different experience and also working here I got to experience people not only from my school but like from West, Cedar Falls... So every day we talk about our days at school and they are all so different. It's cool to see how our days are in some ways different but also so different and we are only a few streets over.

**PASTOR CHASSIDI:** What would you say are some big take-aways from your time involved with Try Pie so far?

**AALIYAH:** Well, not everyone is the same because we are all very different people. So with some people it's really easy to stand on the sidelines and not try and meet in the middle and see what we all need to come together for. I've also grown in my independence. Before I would never have been able to speak to all of you, cause I was so scared of people. So being here has really expanded my horizons and helped me to do different things. †



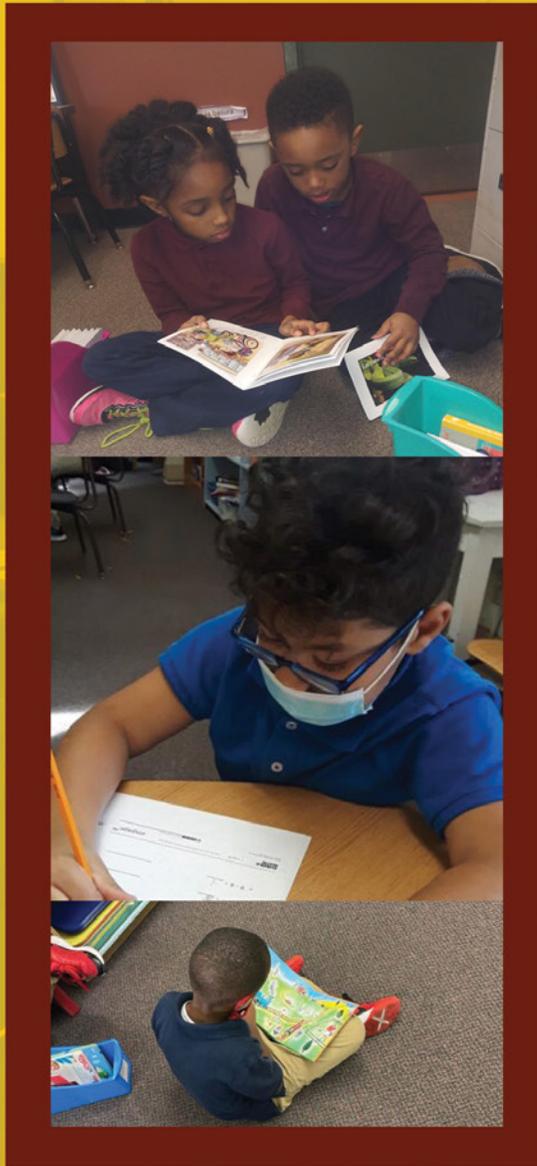
SACE reporters interview Try Pie founders and employees right before enjoying freshly baked pie



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Executive Director of Habitat for Humanity Ali Parish gives Lillian Martin (6th grade) and Eastyn Frost (4th grade) a tour of one home being renovated for a family in the Church Row Neighborhood in Waterloo.

# HABITAT FOR HUMANITY: A PLACE TO CALL HOME

LILLIAN MARTIN | 6TH GRADE // EASTYN FROST | 4TH GRADE

**One thing our students are learning in SACE class is how to see assets in a neighborhood. How is God moving in this neighborhood? What are some ways that God may be calling us to partner with Him to make those bright spots even brighter? Lillian (6th grade) and Eastyn (4th grade) had the privilege of sitting down with Executive Director Ali Parish and learn more about this organization that empowers neighbors to attain security and stability through home ownership.**

**EASTYN:** How can people be generous and support Habitat for Humanity?

**ALI:** People could make a financial donation via check or on our website with their credit or debit card. People could also donate items like books, furniture, lamps, etc. to our Habitat ReStore as well. We also always need volunteers to help us build houses.

**LILLIAN:** When was Habitat for Humanity established?

**ALI:** We are part of a global organization called Habitat for humanity International that started in 1976 in Georgia. Our local branch, Iowa Heartland Habitat for Humanity actually started in 1990 here in Black Hawk County.

**EASTYN:** So, what do you do here at Habitat for Humanity?

**ALI:** We help families that would like to purchase a home to live in that would not be able to purchase one on their own; maybe they couldn't get a loan from a bank, so they come to Habitat and apply for home ownership through our home owners program to purchase that home. So we help build that home or renovate that home and we also give them a loan so that they can attain their goal of home ownership at a price that they can afford. We also work with homeowners that may be a little bit older and don't make enough money to do the repairs that their home needs. So we help them get new windows, or maybe fix their roofs, or put up new siding.

**LILLIAN:** What's your favorite thing to do at this job?

**ALI:** Oh wow...I love so many parts of my job! I really love working in the neighborhoods. When you think about a neighborhood, you think about the houses that are there but you also think about the people that are there...

like is it safe, do they have stores nearby that they can purchase healthy food? Are there parks close by? I really like thinking about how our houses that we work on are part of a neighborhood as a whole. We think beyond just the house but what the house is connected to. The technical term for that is asset-based thinking. We try to see what assets exist in the neighborhood already and then think about how we can build on those good things.

**LILLIAN:** How long have you been working here?

**ALI:** I started working here in December of 2013 so just about 9 years.

**LILLIAN:** My sister was born in 2013!

**ALI:** Really?

**EASTYN:** I was born in 2013 too.

**ALI:** Wow! So as long as you've been alive, I've been here at Habitat!

**LILLIAN:** What's happening in the Walnut neighborhood?

**ALI:** People in the neighborhood have done a lot of engagement types of things together. In the last six years we've done a lot of building and renovations of houses of that are already there. Just today I signed to purchase a home from someone had passed away and the home was now vacant. Now we are going to renovate that house so that it's like new so someone can purchase. There's a lot of home building and renovating over the last 6 years. One of our managers is working on a big painting project. We are working every single month we meet at harvest vineyard church and talk about what are the neighbors saying that they need. We are also doing a big tree planting. We are planting 77 trees in the neighborhood. There's a new grocery store going up as well. We just did a new surveying project in Walnut neighborhood also to see what neighbors want to see in their neighborhood.



When we get the results from the survey in a couple of months we are going to work with the coalition on some action items, like steps of things that people want in the neighborhood. We also bought a church; the old Faith Temple Baptist Church a couple years ago and have been working with a group called 415 Walnut collective on surveying the community on what the neighborhood would like to use the building for. There are a lot of different uses that could happen with that building. We are working with an architect to see how that space could be used too.

**EASTYN:** So like how do you guys help with the houses? Do you actually go out and start building the houses?

**ALI:** We have staff members from the construction field that work with groups of volunteers that help with every part of building homes. So if we build it, we do everything from start to finish from digging the hole where the foundation is going in all the way up, we do everything ourselves. And in rehab, we have to demolish them sometimes and then rebuild them until it's all finished.

**LILLIAN:** What's the hardest thing about your job?

**ALI:** Everything I just said. It's really complicated. People are people...they can find

themselves needing assistance. Trying to find the right way to best help people can be challenging. Also, fundraising. We are always trying to find ways to tell our story so that people want to give to what we are doing and believe in [our mission]. Just all of the staff that's changing, different people in different roles means that there is always something new to learn. So, those things can be hard.

For the construction people; for the renovations there are always layers of what is needed and you never know what issue you're going to find. We just bought a home to renovate where there is a literal tree growing into the foundation into the basement! There is still a big tree stump that's in the foundation! So we have to figure out what we are going to do about that. And then we have the ReStore that gets donations that we sell at retail which is another layer of things to think about. There are a lot of moving parts to this!

**EASTYN:** Do you know why they called it Habitat for Humanity?

**ALI:** No, I don't. Good question. I think it's just habitat: where people live and humanity; it's for everyone. Part of the money we raise locally helps to support what's going on around the world. So we give 10% of our unrestricted donations (not specified for a particular

project) to the global building in El Salvador and other habitats around the world or for disaster recovery.

**EASTYN:** Did you guys give any money to Florida for the people that were flooded?

**ALI:** We do have some disaster relief money going to Florida for hurricane Ian.

**PASTOR CHASSIDI:** Can you tell us a story about a family that went through Habitat?

**ALI:** There are so many! One that comes to mind is Melvin and Crystal. They are a husband and wife and have teenagers down to a baby and are from Minnesota. They couldn't find a rental property that was large enough for their big family. They have 5 children and couldn't find a big enough one that was affordable. They applied for a loan with Habitat and they chose Church Row neighborhood to call home. They chose a renovation project of a home that caught on fire. The landlord didn't want to fix it up so he sold it to Habitat. They fell in love with that big house and saw the potential in the home even though it had a lot of fire damage. Once they bought the house, they wanted to bless the neighborhood with a block party! They had food and games for kids and it brought so much joy to the neighbors. †

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### CONTRIBUTING JOURNALISTS:

RICARLESS SHEPARD, 5TH GRADE // IAN DENNING, 5TH GRADE // HARLAN HELMER, 3RD GRADE

**IAN:** Who taught you capoeira?

**INSTRUCTOR DAVID:** My first instructor's name was Pedro. He taught me Capoeira at the YWCA along with many other instructors along the way.

**HARLAN:** When did you start learning capoeira?

**INSTRUCTOR DAVID:** I started really training in 2005

Ricarless: Where were you born

**INSTRUCTOR DAVID:** I was born in San Francisco California

**RICARLESS:** How many belts are in capoeira?

**INSTRUCTOR DAVID:** Now, capoeira's belt system is very different, because each school follows their own belt system. The belt system that I belong to follows the Brazilian flag. So your first belt will be green, second belt green/yellow, third belt yellow, fourth belt yellow blue, graduation belt will be all blue. Then you have your co-master belt: green, yellow blue white. Then you continue all the up to a master belt which is all white...by the time you get to that belt, all of your hair will be white also!

**IAN:** How did you find someone to teach you Capoeira?

**INSTRUCTOR DAVID:** I was in a stage in my life where I didn't know what I wanted to do. I was recently let go of my job, I was in my early 20's and I needed something meaningful to do with my life. I was walking and praying one day across the E. 4th Street bridge looking for a job. I was saying to God, "God I don't have nothing to do with this world, just open up the heavens and take me now." God responded to me and asked: What's one thing that you've always wanted to do since you

were a kid? And in my mind I responded, "I've always wanted to learn that fighting style, capoeira. But how could I learn it? No one from Brazil is coming to Iowa." And I walked up to Sub City, I looked up, and saw there was a flyer for capoeira lessons at the YWCA! And that made me a 100% true believer that I had a relationship with God. And so ever since then I received a gift from God, and I'm taking care of the gift that God gave me; the gift of capoeira.

**IAN:** What does Capeira mean to you?

**INSTRUCTOR DAVID:** Again from earlier, it was kind of at a low point in my life and I was talking to God...kind of complaining to God...and he asked me...There has to be something that you always wanted to learn. So Capoeira to me is a gift...a gift from God. And I'm just trying to take care of that gift. I asked for it, and God has been able to show me the whole world, through capoeira. I've had a chance to talk to many people all over the world that spoke many different languages. It's a gift that I like to share.

**RICARLESS:** So you said, when you were little you wanted to do capoeira. So, did you have any idols or role models?

**INSTRUCTOR DAVID:** So there was this old book called, "Negro History" and in that book they had pictures of these two black guys and it looked like they were doing karate moves. And I said, I would really like to know how this works! And then a movie came out called "Only the Strong." After I saw this movie about the baddest kids that were the worst in their highschool, and this army burret guy who used to be a bad kid but went to the army and wanted to come back and teach people and was fortunate enough to teach kids that were real trouble makers. To



Courtesy Photo

watch those kids work and change their lives and graduate...I said, "Yeah! That's Capoeira! I want to do that!"

**IAN:** How do you get through tough times?

**INSTRUCTOR DAVID:** Actually I'm going to edit myself on how I used to get through tough times, because, I did not want to go through tough times. I was tired of going through tough times. But when I found Christ and I heard the word of God speaking directly to me about my life as if the preacher was sitting right next to me and saying how I was feeling...he really knew how to talk to me as a person; now I go to God and He always shows me a way. Because if I only [think of my problems] through my subconscious...I'll only focus on the tough time. But in reality,

God will show me many ways to get out of a tough time.

**PASTOR CHASSIDI:** What's one of your best moments in Capoeira? Like a mountain top experience so far in your journey?

**INSTRUCTOR DAVID:** This is a true story: Me and my friends were driving back from Albuquerque. I was asleep in the back seat. We hit a bump and I woke up and overheard the conversation they were having. They were debating whether or not God was real. In that whole debate, one said: "If David was awake, he would tell you that you were wrong, and that God is real." The other friend said: "I care about David, but there are some people out there that are bad representatives of the

Christian faith."

Just knowing that my presence around people could change the way they thought about God, and make them confess that their non-belief in God was more about their bad experiences with people, and being around me somehow changed that experience; that was a powerful moment. I didn't say a word...I just saw all that weight come off of him. I watched him go from, "I hate God," to "I don't hate God...I just don't like when people say they are Christians but don't act like it."

So...that, and winning two medals: A bronze and a silver medal.



of David Pratt with friends from the former Little Brazil Capoeira Studio.



Courtesy Photo of David Pratt with friends from the former Little Brazil Capoeira Studio.

“Capoeira is a mix of acrobatics, dance, music and martial arts.”

-INSTRUCTOR DAVID

**PASTOR CHASSIDI:** In what kind of competition was it?

**INSTRUCTOR DAVID:** It was a light contact competition in K.C. first medal, I won I took bronze because I wasn't familiar with [all of the] rules. It hurt because I had to beat one of my friends too get that bronze medal. And we had to drive together...[we all laugh].

But the second time I would've gotten the gold, but they put me in a higher weight class and everyone was at least 80 pounds heavier than me. I did take a hard kick to my chest. I didn't feel it right away, but later on I started to really feel it and I just fell to the ground. But I took silver though. I came back and went home with the silver medal.

**RICARLESS:** What made you want to start teaching [capoeira] to kids?

**INSTRUCTOR DAVID:** My teacher! When I first started learning, him and his friends were not the best with English so I just drove around with him. He used to teach kids from school to school to school, and so I would just drive him from school to school teaching kids. And so when they opened up a studio in Cedar Falls, Little Brazil, I just kept standing next to him and so I've been teaching kids pretty much since I first started. In fact, my first student just graduated from high school.

**RICARLESS:** Do you know how to speak Brazil?

**INSTRUCTOR DAVID:** You mean Portuguese? Yes, I do speak Portuguese. [Instructor David proceeds to say several things in Portuguese]

**PASTOR CHASSIDI:** Wow! Please tell us what you just said.

**INSTRUCTOR DAVID:** I said, Yes I can speak Portuguese, I'm still learning Portuguese with my professor online.

**PASTOR CHASSIDI:** What would you say to someone on the fence about learning capoeira? Maybe they are interested, but not sure if they'd like to actually try something new.

**INSTRUCTOR DAVID:** Come to Capoeira based on what you first see. If you first see the back flip or the acrobatic flips, come for that. If you like to dance and like the rhythm and music, come for that, if you like the kicks or the martial art form then come for that. Capoeira is a mix of acrobatics, dance, music and martial arts.

## INSTRUMENTS OF CAPOEIRA

**BERIMBAU:** A gourd-resonated, braced musical bow of African origin. The instrument is made of a branch of birba, bamboo, oak or other wood bent into an arc. The bow is strung with a single metal string and gourd resonator attached at the bottom. A thin stick called a baqueta.

**AGOGO:** Translation means “bell” and is made of two hollow iron cones that are struck with a stick. Atabaque: A tall wooden, hand drum usually made of jacaranda wood from Brazil

**PANDEIRO:** Originally from East Africa, is a type of hand frame drum, or tambourine. ☩

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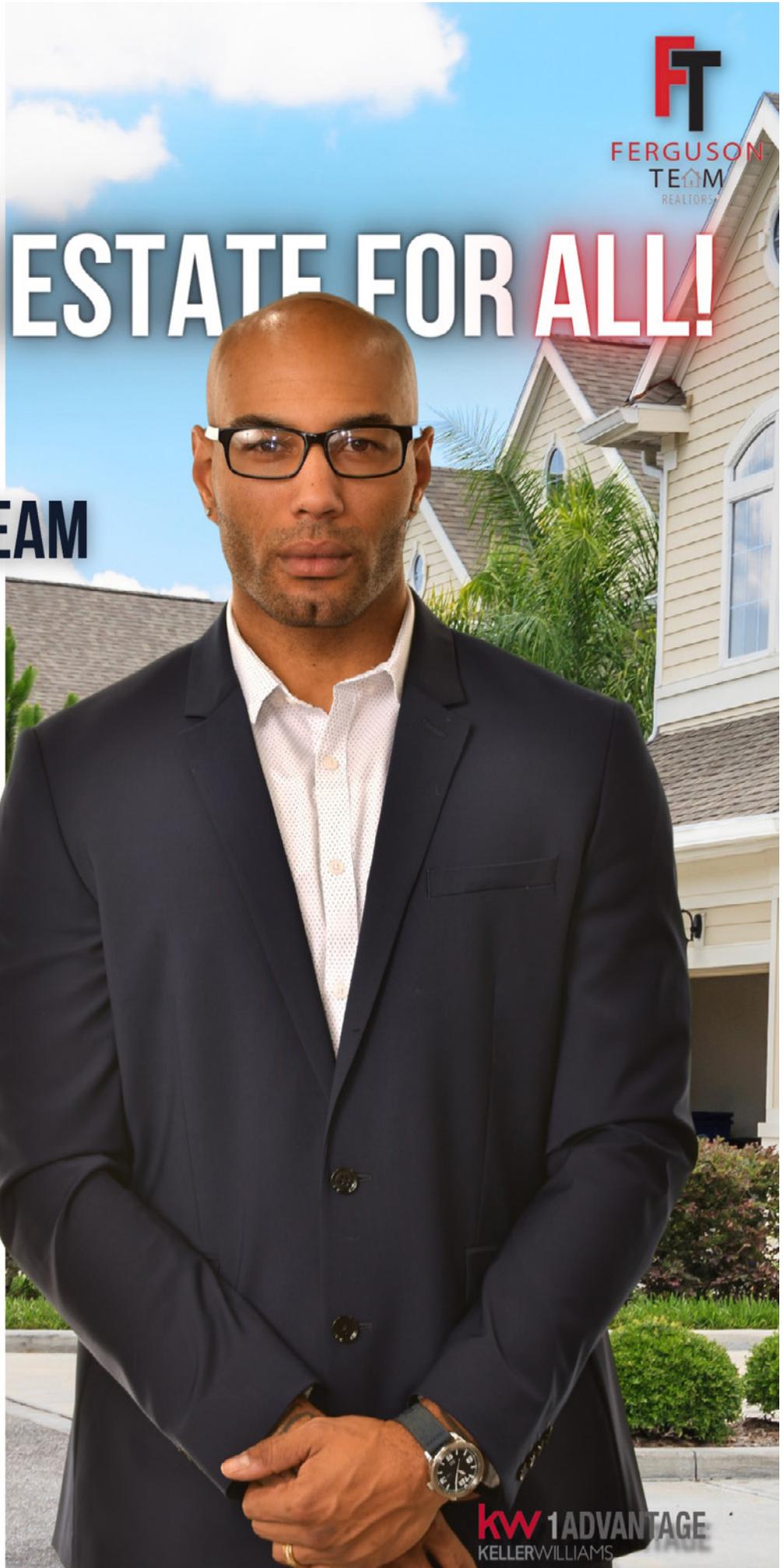
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