



Dr. Amber N. Robinson, principal
 319.595.1097
 620 W 5th Street
 Waterloo, IA 50702
www.rlcawaterloo.org

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	Beef & Cheese Nachos Refried Beans Celery Peach Cup	Mini corn dogs Broccoli w/ Cheese Cucumbers Strawberry Jell-o	Pizza crunchers Grape tomatoes Steamed Carrots Banana	Cheese pizza Vegetable juice Peas Apple Wedges
9	10	11	12	13
Mandarin Chicken Brown rice Steamed Broccoli Celery Fruit cup	Soft shell chicken taco Refried Beans Green pepper strips Pear Cup	Chicken drumstick Garlic knot Mashed potatoes Gravy Coleslaw Strawberry Applesauce	Hamburger Mini Carrots Corn Mandarin Orange Cup	French Bread Cheese Vegetable juice Potato tots Mixed Fruit Cup
16	17	18	19	20
Cheese nachos Mini Carrots Green beans Fruit cup	French toast sticks Turkey Sausage Crispy potato cubes Celery Peach Cup	Hot dog Baked Beans Cucumbers Orange Jell-o	Walking Taco Corn Fresh Cauliflower Banana	Cold option available upon request
23	24	25	26	27
Mozzarella sticks Celery Mixed Vegetables Fruit cup	Breaded chicken sandwich Baked Beans Coleslaw Pear Cup	Macaroni & Cheese Grape tomatoes Corn Strawberry Applesauce	Sweet & sour chicken Brown rice Steamed Broccoli Mini Carrots Orange Wedges 6	French Bread Cheese Vegetable juice Green beans Fruit
30				
Chicken nuggets Romaine Lettuce Cheesy potatoes Fruit cup				

Menus are subject to change

this institution is an equal opportunity provider

Milk is offered with all meals.